



## Restaurants

Catawba County's more than 100 restaurants represent an extremely wide variety available to suit any taste and budget. Fast Food restaurants include McDonalds, Bojangles, Kentucky Fried Chicken, Hardee's, Taco Bell, Jack in the Box, Backyard Burgers, Cook Out, Subway, Chik-fil-a, Burger King, Checkers, Wendy's, Panda Express, Zaxby's and Sonic. Other restaurant styles include Steak, Seafood, Cafeteria-style, Chinese, Mexican, Thai, Italian, Greek, Jamaican, and Vietnamese.

## Housing Availability & Costs

Catawba County offers a wide range of housing choices. From newly constructed subdivisions, townhomes, and condos to historic homes to a variety of apartment choices, there are numerous available housing options. According to the Sperling's bestplaces.net, the median cost of a single-family home in 2010 was \$109,400. 75.36% of the population owned their homes, while 24.64% of the population rented. Home appreciation costs in 2010 were -5.31%.

## Accommodations

With 20 hotels and 3 Bed and Breakfasts, Catawba County has a variety of accommodations to meet any taste and budget. Over 1800 rooms are available at hotels including the Choice Hotels Family, the Marriott Family, Jameson Inn, Hampton Inn, Days Inn, Red Roof Inn, and La Quinta Inn & Suites among others.

## Health Care

### Catawba Valley Medical Center

Catawba Valley Medical Center is a 258-bed hospital with approximately 1,450 employees, a medical staff representing all the major specialties of a regional referral center, with 9300 admission, and surgical cases totaling 12,900 procedures annually. CVMC provides a broad range of general acute and specialty care services as well as owns and operates eight primary care practices in the area. The CVMC Emergency Department is the region's busiest, serving more than 46,000 patients annually. A 16-room surgical suite, a Women's Center with advanced neonatal services and a comprehensive cancer center assure patients access to the latest technology and treatment, including IMRT guided radiation therapy. Although the medical center is at the heart of the services offered by CVMC, the organization also offers a comprehensive program of health outreach and community support programs, including The Health First Center at Valley Hills Mall. The medical center operates a CARF accredited inpatient rehabilitation unit, was the 32nd hospital in the nation to achieve Magnet Hospital status, the first in the area to achieve comprehensive community hospital cancer center designation, identified by Solucient as a Top 100 hospital: Performance Improvement Leaders Award, and The American Alliance of Healthcare Providers (AAHCP) named Catawba Valley Medical Center as a Hospital of Choice Award recipient for 2005. CVMC has also been recognized for a second consecutive year for service excellence under the J.D. Power and Associates Distinguished Hospital Program. To learn more about the hospital, visit [www.catawbavalleymedical.org](http://www.catawbavalleymedical.org).

### Frye Regional Medical Center

Since 1911, Frye Regional Medical Center has prided itself on delivering quality medicine and compassionate care. The 355-bed private facility offers the skill and experience of over 300 active physicians representing over 35 specialties, as well as a professional staff of more than 1,700 dedicated to providing quality healthcare services. The hospital's main campus includes a heart center, orthopedics, inpatient and outpatient rehabilitation, center for neurosciences, cancer center and women's pavilion. Frye has several extended campuses to serve families throughout the area including: South campus for psychiatric services; Viewmont and Tate Surgery Centers; Vein and Wound Center/Infusion Care; Pain Center; Piedmont Therapy, offering sports and industrial rehabilitation; two urgent care facilities; FryeCare, an outpatient diagnostic facility; Alexander Campus, which provides emergency care along with diagnostic and laboratory services; plus HeathPoint, which provides extensive industrial services and programs to employers.

Frye Regional Medical Center is accredited by the Joint Commission on the Accreditation of Healthcare Organizations, the nation's oldest and largest hospital accreditation agency. To learn more about the hospital, visit [www.fryemedctr.com](http://www.fryemedctr.com).